

**DRAFT University of British Columbia**  
**LFS302: International Field Studies in Sustainable Agriculture**  
**THURSDAY April 30 to FRIDAY May 22, 2015**  
**Wendy Holm, P.Ag.**

**DAY 0 THURSDAY. APR 30. ARRIVAL**

- 1:30 p.m. Met at airport in Varadero, bus to Havana
- 4:00 p.m. Check into Hotel Victoria, in the cultural centre of the city, orientation meeting
- 5:00 p.m. Watch video FIDEL
- 7:00 p.m. Dinner at local paladar

**DAY 1. FRIDAY. MAY 1. HAVANA**

- 6:00 a.m. Bag breakfast, head off to May Day celebrations at Plaza de La Revolution.
- 10:00 a.m. Make up goody bags
- 12:30 p.m. Lunch at La Devina Pastora overlooking Havana City
- 2:00 p.m. Walking Tour in Old Havana, UNESCO World Heritage site (1982)
- 5:00 p.m. Watch video FIDEL
- 7:00 p.m. Pizza and Beer with Mavis Alvarez, Fernando Funes, others

**DAY 2. SATURDAY. MAY 2. HAVANA**

- 7:30 a.m. Breakfast at hotel
- 9:00 a.m. Visit organic garden (5ta y 44)
- 10:30 a.m. Visit to organic farm of medicinal plants located in 5ta e/ 110 y 112.
- 12:30 p.m. Lunch at El Ajibe Restaurant
- 4:00 p.m. Watch video: Peak Oil (Power of Community)
- 6:00 p.m. Discussion with Gregory Biniowsky
- 7:30 p.m. Dinner at Nazdrovie Paladar
- 9:00 p.m. Dance to Salsa, Son and Rumba led by band leader Elsa María  
Explore Old Havana at night

**DAY 3. SUNDAY. MAY 3. HAVANA**

- 8:00 a.m. Breakfast at hotel
- 9:00 a.m. Visit bustling farmer's market. (19 y B)
- 10:30 a.m. Visit organic farm "Vivero" in Alamar
- 12:30 p.m. Lunch at Cervaceria Nueva Restaurant
- 2:00 p.m. Free afternoon to stroll thru Old Havana and visit Havana craft market.
- 5:00 p.m. Conversation with Manuel Alonzo, ATAC (Cuban Association of Sugar Technicians)
- 7:00 p.m. Dinner with Manuel Alonzo  
Explore Old Havana at night

**DAY 4. MONDAY. MAY 4. HAVANA**

- 8:00 a.m. Breakfast at hotel
- 9:00 a.m. Visit to INIFAT (National Institute for Research on Tropical Agriculture)  
presentation by INIFAT + ACTAF (Cuban Assn of Crop/Forestry Professionals)
- 12:00 p.m. Lunch at La Torre
- 2:30 p.m. Visit to Ministry of Agriculture. Briefing on Urban Agriculture. Juan Jose Leon Vega
- 5:00 p.m. Watch videos: Accidental Revolution
- 7:00 p.m. Dinner at local paladar

**DAY 5. TUESDAY. MAY 5. HAVANA**

- 8:00 a.m. Breakfast at hotel
- 9:00 a.m. Departure for Vinales
- 10:00 a.m. Lecture by Fernandito Funes Mongote (Finca Marta Agroecological farm)
- 12:30 p.m. Box Lunch at Finca Marta.
- 2:00 p.m. Depart for La Ermita Hotel in Viñales Valley, Pinar del Río.
- 4:00 p.m. Check in at La Ermita Hotel, swim
- 7:00 p.m. Dinner at La Ermita Hotel.  
Free time (Viñales village for salsa dancing?)

**DAY 6. WEDNESDAY. MAY 6. HAVANA -> VINALES**

- 8:30 a.m. Breakfast at hotel
- 10:00 a.m. ANAP Meeting with CCS and visit to Agroecological farm
- 12:00 p.m. Lunch at La Ermita or Local Paladar
- 2:30 p.m. Meeting with members of UBPC cooperative Moncada, visit to "Los Malagones" Memorial
- 5:30 p.m. Chapter Review: Sustainable Agriculture and Resistance
- 7:00 p.m. Dinner at La Ermita Hotel,  
Free time (Viñales village for salsa dancing?)

**DAY 7. THURSDAY. MAY 7. VINALES**

- Breakfast at hotel
- Free day to explore Viñales, lunch on your own. Spectacular scenery, some of the most interesting and varied geological formations in Cuba. The valley is famous for its "mogotes" - freestanding rock formations. Options include trekking, horse- back riding, rock climbing, caving (Cueva de Santo Tomas)
- 5:30 p.m. Chapter Review: Sustainable Agriculture and Resistance
- 7:00 p.m. Dinner at La Ermita Hotel

**DAY 8. FRIDAY. MAY 8. VINALES -> LOS PALOS -> CIENFUEGOS**

- 7:00 a.m. Breakfast at hotel
- 7:30 a.m. Departure to Cienfuegos ("The Pearl of the South") founded by French immigrants in early 1800's; known for its 19<sup>th</sup> and early 20<sup>th</sup> century architecture.
- 11:00 p.m. Visit CPA "26 de Julio" in Los Palos (Canada-Cuba cooperative dairy project)
- 12:30 p.m. Lunch
- 2:30 p.m. Depart for Cienfuegos City.
- 4:30 p.m. Check-in at Jagua Hotel
- 7:00 p.m. Dinner at Paladar El Largato

**DAY 9. SATURDAY. MAY 9. CIENFUEGOS.**

- 7:30 a.m. Breakfast at hotel
- 8:30 a.m. Visit to farm cooperative
- 12:30 p.m. Farm Lunch
- 2:00 p.m. Visit to farm cooperative
- 5:30 p.m. Chapter Review: Sustainable Agriculture and Resistance
- 7:30 p.m. Dinner at local Paladar

**DAY 10. SUNDAY. MAY 10. CIENFUEGOS**

- 8:00 a.m. Breakfast at hotel
- 9:00 a.m. Visit to Cienfuegos Botanical Garden
- 12:00 p.m. Lunch at Casa del Chefs, typical cuisine of Cienfuegos
- 1:30 p.m. Tour of the historic square
- 2:00 p.m. Free afternoon to explore Cienfuegos, internet, etc....
- 5:30 p.m. Chapter Review: Sustainable Agriculture and Resistance
- 7:00 p.m. Dinner at the hotel
- 8:30 p.m. Visit to a CDR

**DAY 11. MONDAY. MAY 11. CIENFUEGOS -> TRINIDAD**

- 7:30 a.m. Breakfast at hotel
- 8:00 a.m. Departure for Trinidad
- 9:30 a.m. Board former Russian army trucks for Topes de Collantes in Escambray Mountain Range, Cuba's second highest - reaching 3, 700 feet atop Pico San Juan. Home to small mountain villages, slopes covered in Caribbean pines, ancient tree-ferns, bamboo, and eucalyptus.
- 10:30 a.m. Arrive Hacienda Codina, once large Spanish coffee plantation, guided walk
- 12:30 p.m. Traditional lunch. Return to the hotel by bus
- 3:00 p.m. Check into cabins at Costa del Sur (all inclusive), afternoon swim in Caribbean
- 5:30 p.m. Chapter Review: Sustainable Agriculture and Resistance (on the beach)
- 7:00 p.m. Dinner at hotel, live Cuban bands play in public square downtown Trinidad.

**DAY 12. TUESDAY. MAY 12. TRINIDAD**

- 7:30 a.m. Breakfast at hotel
- 9:00 a.m. Morning farm visit(s) coordinated by ANAP
- 12:30 p.m. Return to hotel for lunch (AI). Free afternoon to swim in Caribbean waters,
- 5:00 p.m. Chapter Review: Sustainable Agriculture and Resistance (on the beach)
- 7:00 p.m. Dinner at hotel, live Cuban bands play in public square downtown Trinidad.

**DAY 13. WEDNESDAY. MAY 13. TRINIDAD -> CIEGO DE AVILA**

- 7:15 a.m. Breakfast at hotel
- 8:00 a.m. Morning departure to Ciego de Avila.
- 10:00 a.m. Visit to organopónico El Ranchon in Sancti Spiritus.
- 12:00 p.m. Lunch in Sancti Spiritus
- 1:30 p.m. Visit to Sanidad Vegetal's CONBIOL facility in Sancti Spiritus.
- 5.30 p.m. Check in Ciego de Avila Hotel, swim.
- 7:30 p.m. Dinner at the hotel

**DAY 14. THURSDAY. MAY 14. CIEGO DE AVILA**

7:15 a.m. Breakfast at hotel  
8:00 a.m. Visit Organopónico El Rabanito  
9:00 a.m. Depart for Cayo Coco for swimming, riding and lobster lunch  
5:30 p.m. Chapter Review: Sustainable Agriculture and Resistance (on the beach)  
7:30 p.m. Dinner at the hotel.

**DAY 15. FRIDAY. MAY 15. CIEGO DE AVILA -> CAMAGÜEY.**

8:15 a.m. Breakfast at hotel  
9:00 a.m. Visit to Ciego de Avila plant reproduction centre (next to University).  
10:30 a.m. Meeting with students and teachers of Ciego de Avila Agricultural University,  
12:00 p.m. Farm visit with Cuban students  
1:30 p.m. Lunch with Cuban students  
3:00 p.m. Drop students back to University, depart for Camagüey City,  
5:30 p.m. Check in Gran Hotel  
7:30 p.m. Dinner at the hotel.

**DAY 16. SATURDAY. MAY 16. CAMAGÜEY**

9:00 a.m. Breakfast at hotel  
10:00 a.m. 2 hour tour of the historical center of Camagüey on Bicitaxis  
12:30 p.m. Lunch at Casa del Chef at the historical centre  
2:00 p.m. Free afternoon for internet, exploring, working on presentations  
6:00 p.m. Class discussion  
7:30 p.m. Dinner at a local paladar (Restaurante 1800)  
9:30 p.m. Visit to La Casa de la Trova

**DAY 17. SUNDAY. MAY 17. CAMAGÜEY (Farmers' Day).**

9:00 a.m. Breakfast at hotel  
Free day  
7:30 p.m. Dinner at the Hotel.

**DAY 18. MONDAY. MAY 18. CAMAGÜEY.**

8:00 a.m. Breakfast at hotel  
9:00 a.m. Visit to Camagüey Instituto de los Suelos (soil lab)  
12:00 p.m. Lunch Campana de Toledo  
2:00 a.m. Visit to Camagüey Sanidad Vegetal (plant protection lab)  
6:00 p.m. Class discussion  
7:00 p.m. Dinner at the Hotel

**DAY 19. TUESDAY. MAY 19. CAMAGÜEY – ANAP AGROECOLOGY DAY**

7:45 a.m. Breakfast at hotel  
8:30 a.m. Leave hotel for Farm Visit  
12:30 p.m. On farm Lunch  
2:00 p.m. Farm visit  
6:00 p.m. Class discussion  
7:00 p.m. Dinner at the Hotel

**DAY 20. WEDNESDAY. MAY 20. CAMAGÜEY -> VARADERO**

7:00 a.m. Breakfast at hotel  
7:45 a.m. Departure to Varadero.  
Lunch en route (Santa Clara, after visit to Che Guevara's Memorial)  
6:00 p.m. Check-in and dinner at All Inclusive Hotel (MAYBE Barceló **SOLYMAR**)

**THURSDAY. MAY 21. VARADERO.**

Free day to relax.  
5:00 p.m. Presentations  
7:00 p.m. Farewell dinner at Hotel

**FRIDAY. MAY 22. VARADERO -> VARADERO AIRPORT (PROGRAM OFFICIALLY ENDS) or OPTIONAL FREE DAY.**

Transfer to airport or optional free day to relax (Cost = 70 CUC).

**SATURDAY. MAY 23. VARADERO -> VARADERO AIRPORT**

Transfer to airport